



Ananda College New Horizons Gap Year

a unique alternative education
before college or career, ages 18-35



September to May

The 9-month program includes:

personal transformation
travel to India
daily yoga & meditation
community living

Classes on:

natural healing
spirituality
creativity
sustainability
holistic psychology



in the beautiful Sierra Foothills
of Northern California

anandacollege.org



Higher Education for Higher Consciousness



A Spiritual Gap Year

Before college, career, or during transitions,
discover your self, your passions, & the world ...

- Awaken inner knowledge and develop clarity
- Explore world cultures & consciousness
- Ideal for students 18-35
- Develop career-ready skills to actualize your work
- Experience spiritual community & sustainable living
- Develop leadership initiatives
- Learn the secrets of true success and happiness
- Enjoy a year of holistic living, meditation, yoga and vegetarian cooking
- Meet new, like-minded friends
- Discover your life goals
- Improve academic learning & develop creativity
- Travel adventures in California, the Sierra Nevada Mountains, the Southwest and Northern India

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